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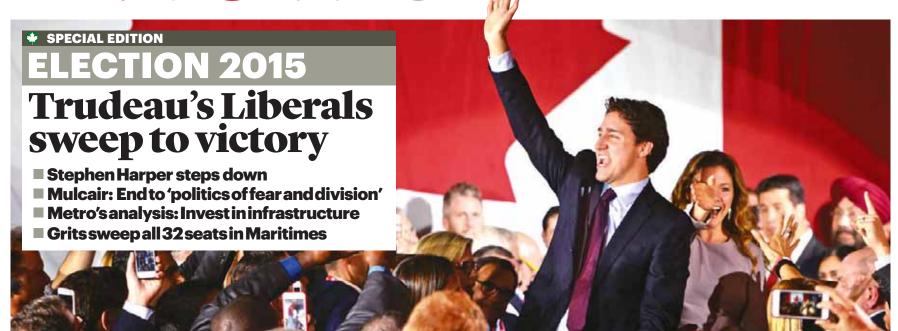


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# metr#ELECTION

2015 FEDERAL ELECTION

**CANADA'S NEW PRIME MINISTER** 



Liberal leader and Prime Minister Elect Justin Trudeau kisses his wife following his victory speech at Liberal party headquarters in Montreal on Monday after winning the 42nd Canadian general election. SEAN KILPATRICK/CANADIAN PRESS

# The son also rises

#### NEW GOVERNMENT

#### Canadians vote for change as Liberals sweep

Prime Minister Justin Tru-

That title, which seemed improbable a mere 11 weeks ago, is now set to become

a reality after the Liberals' historic, come-from-behind result, besting incumbent Conservatives and hopeful New Democrats in one of the country's longest and costliest elections.

"Canadians from all across this great country sent a clear message tonight. It's time for change in this country my friends, real change," Trudeau said in Montreal.

"A positive, optimistic

hopeful vision of public life isn't a naive dream. It can be a powerful force for change."

The election ushers in a new era for Canada as Trudeau was swept to power on a vow to change how Canadians were governed and a commitment to end what he branded as the Conservatives' divisive style of politics.

Preliminary results had the Liberals at 189 seats, comfortably more than the 170 seats needed for a majority government in the expanded 338-seat House of Commons. It's a stunning rebound for a party that had been knocked down to 34 seats in the 2011 election and left for dead.

The Conservatives won 103 seats, the New Democrats 35, the Bloc Québécois 10 and the Green Party had one seat, won by leader Elizabeth May.

The day was a humiliating loss for Conservative Leader

Stephen Harper, who has served as prime minister since 2006, and a crushing night for NDP Leader Thomas Mulcair.

Harper, who had led his Conservatives to three successive victories, immediately signalled he would be stepping down as leader and instructed the Conservative party to appoint an interim leader and launch a process to select a new leader, according to a party statement.

66 WINNING QUOTES

Canadians from all across this great country sent a clear message tonight.

Tonight
Canada is
becoming
the country
it was
before.

We beat negative, divisive politics with a positive vision that brings Canadians together.

Justin Trudeau



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## CANADA'S LIBERAL GOVERNMENT

# Liberals dominate: What now?

**ELECTION 2015** 

Grit win caps a stunning reversal of fortunes



Steve Rennie Metro | Ottawa

Justin Trudeau's Liberals didn't just win this election. They did what few, aside from the most die-hard of partisans, thought possible a few short weeks ago. They dominated.

They swept Atlantic Canada and never looked back.

It is a stunning reversal of fortunes for a party many wrote off as dead after the last campaign four years ago.

The shock result will leave the Conservatives and NDP scratching their heads.

But it is clear Trudeau's team managed to capitalize on the desire of many Canadians for change.

From the start of this marathon campaign, the ballot-box question has been the same: do you want change, and if you do, which party has the best shot at unseating the Conservatives?

Who would have thought when this whole thing started back at the beginning of August that Trudeau's Liberals



Liberal Leader Justin Trudeau greets supporters as he steps off his campaign bus for a rally October 13 in Toronto. The Liberals swept Atlantic Canada and continued to gain ground across the country. PAUL CHIASSON/THE CANADIAN PRESS

would be that party?

Trailing in the polls, without the wind that Tom Mulcair's New Democrats had in their sails, and with an untested leader prone to speaking first and thinking later, the Liberals looked like they'd be lucky to



The shock result will leave the Conservatives and NDP scratching their heads. But it is clear Trudeau's team managed to capitalize on the desire of many Canadians for change.

hold on to their three dozen seats.

Yet here they are, 11 week later, poised to form a majority government and to return a Trudeau to 24 Sussex for the first time since 1984.

So, what now?

We already know what the Liberals plan to do: run three years of deficits to pay for a multibillion-dollar infrastructure plan, redistribute the federal child benefits of high-income families to less wealthy ones, look at changing the Conservatives' controversial anti-terrorism legislation and reform the Senate through an arms-length process to select future members, to name a few things.

There will be much soulsearching in the rival camps.

Stephen Harper's days are done. The Conservatives will be looking for a fresh start under a new, less polarizing leader.

They must broaden the party's appeal and find a way to grow the party's traditional base if they hope to return to power.

A new leader should help. Plenty of people say they like the Conservatives but can't stand Harper. But the party will also need to decide if its hardline positions on issues such as the niqab and legalizing marijuana need to be softened.

What happens to Mulcair is a trickier question. He has done an admirable job as Parliament's interrogator-in-chief, but he alienated some voters by steering his party to the political right.

He probably deserves another shot, but he may not get one. Politics is a cruel business.

### THREE IMPORTANT LIBERAL CAMPAIGN PROMISES

#### 1 Infrastructure spending

Almost double federal spending on infrastructure over next decade by adding \$60 billion on top of the \$65 billion already committed, even though it will mean running an annual deficit of up to \$10 billion to 2019.



#### New childcare benefit

A new child benefit meant to provide greatest benefit to lower-income families. For a two-child family earning \$45,000 a year, the benefit would provide \$9,850 a year.

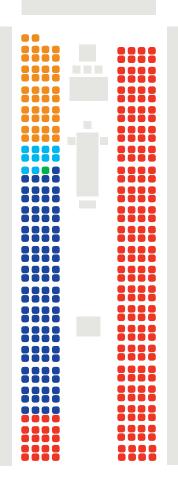


#### 3 Income tax rate changes

Reduce income tax rate to 20.5 per cent from 22 per cent for those with taxable income between \$44,700 and \$89,401. The Liberals would introduce a new tax rate of 33 per cent for those earning more than \$200,000 annually.



### **THE SEATS**



LIB 185 CON 100 NDP 42 BLOC 10 GREEN 1

# Election highlights from across the country

**ATLANTIC** 



The rising Liberal tide started in Newfoundland and Labrador and washed across Atlantic Canada.

The Grits were elected or leading in all 32 ridings in Newfoundland and Labrador, Prince Edward Island, Nova Scotia and New Brunswick, turning their backs on the 13 incumbent Conservatives and six New Democrats.

"Atlantic Canada sent Stephen Harper a message — we want change," said former Conservative MP turned Liberal candidate Bill Casey, who won one of the hottest Nova Scotia races — Cumberland-Colchester — in Atlantic Canada.

The Liberals doubled their vote in Atlantic Canada with many crediting leader Justin Trudeau's many visits to the region over the 78-day campaign.

The Grits only won 12 ridings in Atlantic Canada in 2011.

Issues facing easterners included a struggling economy, nagging unemployment, threats to health-care funding and, in Prince Edward Island, the embarrassment of Conservative Sen. Mike Duffy being at the centre of a spending scandal that's still before the courts.

The veteran NDP MPs who fell included Jack Harris in St. John's East, Megan Leslie in Halifax riding, and Peter Stoffer, Sackville-Preston-Chezzetcook.

QUÉBEC



The province that marked the beginning of the New Democratic Party's dream in the last federal election was the sight of its nightmare as votes were counted on Monday night.

The party's fortress in Quebec crumbled, giving Justin Trudeau's Liberal party one big step on its way path to a majority government. But the Conservative Party and the sovereigntist Bloc Québécois also made gains amid the ruins.

When the election was called on Aug. 2, the NDP dominated Quebec with 54 seats. The Liberals had just seven MPs from the province and the Conservatives held five ridings. The Bloc had just two seats. There were five Independent MPs as well as two former Bloc MPs who founded the splinter party, Strength in Democracy.

The most obvious benefit of the faltering NDP in the majority francophone province was Trudeau's team. The party saw a number of veterans elected, including Denis Paradis, a former federal minister, and Pablo Rodriguez, who was an MP from 2004 to 2006.

Despite the NDP outcome, some big Quebec names were re-elected, including Ruth Ellen Brosseau in Berthier-Maskinongé, Alexandre Boulerice in Rosemont—La Petite-Patrie, and Guy Caron in Rimouski-Neigette—Témiscouata—Les Basques.

**ONTARIO** 



Ontario voters giveth, Ontario voters taketh away.

Four years after Ontarians delivered Stephen Harper's Conservatives a majority government, they have handed that cherished prize to Justin Trudeau's Liberals.

Armed with a top-notch campaign run by veteran Queen's Park Liberal operatives Katie Telford and Gerald Butts, Trudeau romped to victory Monday in a province that is home to 121 of Canada's 338 ridings.

Harper's previous success in Ontario — where the Tories won 73 of the 106 seats that were up for grabs in 2011 — was easily erased by the Liberals, who had taken just 11 seats in that vote.

And the New Democrats, who had triumphed in 22 ridings here in the last election, were collateral damage with high-profile candidates like former MP Olivia Chow, Parkdale-High Park MP Peggy Nash, Davenport MP Andrew Cash, and Ottawa Centre MP Paul Dewar losing.

Paul Dewar losing.
As of 11:30 p.m., the Grits had won or were leading in 79 of Ontario's 121 seats to 34 for the Conservatives and eight for the NDP.

The Liberals ran the table in the Greater Toronto Area, wiping out the Tories and the NDP in the 416 area code.

THE WEST



The Conservatives have dominated the West for years, but Liberals and New Democrats made some dents, with Liberals leading in two seats in Alberta.

Winnipeg riding Saint Boniface-Saint Vital was wide open after Conservative Heritage Minister Shelly Glover decided not to seek re-election following two terms. As with the red tide that swept westward across the country, Liberal candidate Dan Vandal, captured the seat ahead of Conservative Francois Catellier,

The NDP sweep in the provincial election didn't mean much for the party in this riding, held for the Conservatives by former Calgary Herald editor Joan Crockatt, who first won in a 2012 byelection.

With one-third of the polls reporting, she was slightly ahead of Kent Hehr, a former Liberal member of the Alberta legislature.

The New Democrats, which entered the election with no seats in Saskatchewan, were counting on a win in Saskatoon West, a redistributed urban riding, which would have gone NDP in the 2011 vote. And they got it. Sheri Benson, took an early lead and held it thanks to a vote split between city councillor Randy Donauer for the Conservatives and the Liberals under Lisa Abbott, a lawyer.

TORSTAR NEWS SERVICE

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### **CANADA'S OPPOSITION**

**66 HARPER QUOTES** 

During the past nine years it has been an unbelievable honour to serve as your prime minister.

Know this for certain: When the next time comes, this party will offer Canadians a strong and clear alternative based on our ... values.

While tonight's result is certainly not the one we had hoped for, the people are never wrong.



Stephen Harper greet supporters in the Calgary Heritage riding prior to the Conservative leader conceding defeat. THE CANADIAN PRESS

# Harper to step down as leader after election loss

#### NEW LEADERSHIP

#### Conservatives now the official opposition

Monday, as many Conservatives wrestled with a heartbreaking loss, Harper stepped down as party leader, said Conservative Party national president John Walsh.

"I have spoken to Prime Minister Stephen Harper and he has instructed me to reach out to the newly elected parliamentary caucus to appoint an interim leader and to the National Council to implement the leadership selection process pursuant to the Conservative Party of Canada constitution."

"I wish to address all Canadians," Harper told a large crowd of supporters here. "During the past nine years it has been an unbelievable honour to serve as your prime minister."

"We put it all on the line, we gave everything we had to give and we have no regrets whatsoever."

Jason Kenney, defence min-

ister in Harper's cabinet, said "it's a bad night for the Conservative party, but we'll come back." He said the Conservatives' policies were not the problem but "where we went wrong was on tone," said Kenney.

ney. "We need a conservatism that is sunnier and more optimistic," he said. "We have to take collective responsibility for that."

He deflected questions about leadership ambitions.

The first outward sign of trouble on election day in Stephen Harper's Calgary home base was the grim looks on his staffers' faces as the Conservative leader arrived to vote.

Then came reports from the Conservative campaign across the country. It looked bad. Midmorning officials thought the party could emerge with just 120 seats

But there was Harper, visibly at ease with an outcome he knew in his gut was coming — that his campaign was skidding to a brutal loss. Harper had a relaxed lunch with his campaign team, boosting

their spirits, and spent time preparing "lots of speeches," at ease with a number of possible outcomes.

Those who know Harper best say it was the same ease he has carried since February when he made the decision to call an unexpected early election campaign that would start in August — a decision his campaign does not regret.

near impossible feat to win four mandates. "We just couldn't buck history."

Giorno ascribed the Conservative loss to the collapse of the NDP vote, and said, "We are "proud" of the campaign Harper conducted, but declined to identify where he thought it went wrong.

"I'm the chair of the campaign. To the extent we fell

official Ken Boessenkool in an interview with Torstar News Service, but Harper didn't want to leave the fallout from the Mike Duffy fraud trial "and other stuff" to another leader.

"He thought it best that he take us into this campaign, that he lead the campaign and that he leave a strong vibrant party if that was Canadians' choice to the next person."

Boessenkool said Harper can hold his head high because he has left the party in strong shape for the long term.

For many, there was only one possible outcome. Harper would have to step down in order for the party to rebuild.

"There'll be legacy discussion, mourning and an immediate leadership," race that begins Tuesday said one Conservative organizer.

Recriminations were beginning, and blame assigned, in some cases to campaign manager Jenni Byrne who was not in Calgary for Election Day — while the other top people on the campaign team were.

TORSTAR NEWS SERVICE



## We put it all on the line, we gave everything we had to give and we have no regrets whatsoever.

Stephen Harper

The decision that Harper made on whether to stay or go was known to very few.

Earlier, before Harper announced his intention to step down, Guy Giorno, chair of the Conservative campaign, had said there would be an in-depth post-mortem on how the campaign was conducted but rejected any suggestion that Harper was not the man to lead it.

He said it was a simply a

Asked if the Conservatives had underestimated Trudeau, Giorno dodged. "I think we had the measure of what he was promising to do which is

short of the mark, I'm account-

able the buck stops with me,

I take responsibility for that."

had the measure of what he was promising to do which is to raise taxes and cut benefits from Canadians and now Canadians will see that."

"The prime minister knew

we were in for an extremely difficult battle," said campaign

# Shocking collapse as NDP support waivers

**THOMAS MULCAIR** 

#### Campaign built around 'change' fails to live up to momentum

The New Democrats came so close, but then the campaign rolled on and history left the historic hopes of the New Democrats — and their beloved Official Opposition status — behind.

Thomas Mulcair did not become prime minister in the first federal election where one could talk seriously about that being a possibility, and by 11 p.m. had already spoken to prime minister-designate Justin Trudeau to congratulate him on his victory.

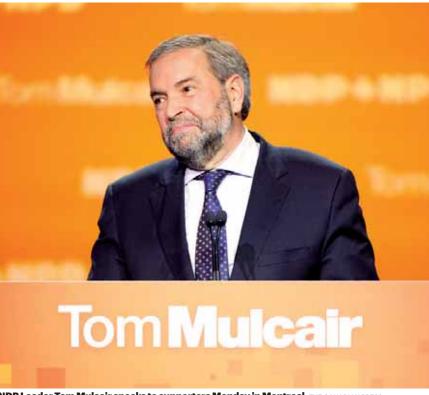
Early results suggested Mulcair would keep his Montreal riding of Outremont, but the race looked very close as much of the rest of the province — and the country — got swept up in the Liberal momentum.

There will be much disappointment (and secondguessing) in the ranks for that, as the party recovers from its orange crash. Was it the niqab? Was it the decision to promise a balanced budget? Was it that Mulcair could just not compete, on a personality level, with the charismatic Trudeau?

Time will tell as the postelection analysis comes in, but as one NDP insider put it even before the devastating results started rolling in Monday night: This was a momentum campaign, propelled by the desire for change, and the momentum did not go their way.

The bad news began in Atlantic Canada, losing both NDP Deputy Leader Megan Leslie and long-time MP Peter Stoffer to the Liberals.

They knew those provinces would likely be a near-Liberal sweep, but by the time the



NDP Leader Tom Mulcair speaks to supporters Monday in Montreal. THE CANADIAN PRESS

Quebec results started rolling in, it was clear the NDP had fallen hard and fast to third place.

The mood in the room was sombre, with a smattering of cheers and applause as the occasional victory rolled in — including that of Ruth Ellen Brosseau in the Quebec riding of Berthier-Maskinongé, the young woman who travelled to Las Vegas during the 2011 election campaign and then had come to symbolize how many of the paper candidates from 2011 had worked hard to become serious MPs.

Early results also suggested they would be able to hold their own in British Columbia.

But celebrations came few and far between, despite party president Rebecca Blaikie at one point yelling some enthusiasm into a microphone in front of a relatively small crowd of supporters: "It ain't over till it's over!"

But it was over, really, and it was even hard to see a silver lining, beyond the fact that Conservative Leader Stephen Harper — against whom they campaigned hard — had gone down to defeat.

Before the poll results started coming in, NDP sources who acknowledged their path to victory had disappeared were still confident the party would at least receive its second-best result in its history.

That second-best bar was not a high one to jump. Before 2011, when the late Jack Layton led his party to Official Opposition status, the highest number of seats they had ever had in Ottawa was 43, under former leader Ed Broadbent.

And yet, they did not even make that.

The fall from 95 seats at the dissolution of Parliament to Elections Canada online results showing them leading in just 42 seats, at time of publication Monday night, is a steep one. And this, especially, for a campaign that had been arguing the party needed only 35 more seats to defeat the Conservative government of Stephen Harper, unlike the 100 needed by the Liberals, who in the end were the ones to actually do it.

TORSTAR NEWS SERVICE

**SAANICH-GULF ISLANDS** 

# May welcomes crowd to 'post-Harper era'



Elizabeth May has done it again.

The Green Party leader coasted to victory Monday night, winning her seat as MP for Saanich-Gulf Islands on Vancouver Island for the second time.

Although the polls had just closed in British Columbia, May waltzed into the Green election headquarters like a winner, walking hand-in-hand with Green candidates Jo-Ann Roberts and Frances Litman as her forecast of a Stephen Harper Conservative defeat appeared to be coming true.

"Welcome to the first night of the post-Harper eral" a beaming May said to a crowded room of about 150 supporters. "I don't know for sure about being reelected except that Tom Mulcair just called to congratulate me for being re-elected."

Before that call, May said she also spoke to Liberal Leader Justin Trudeau on the phone to congratulate him on his victory and to ask when she could meet with him to discuss the upcoming United Nations climate conference.

But it wasn't all celebration

#### 66 MAY QUOTES

We have a huge base to build on and people will vote green next time.

for the Greens.

Heading into the election, May, who was one of just two Green MPs in the last Parliament, hoped her party would gain the support of enough voters to secure a more influential presence in Parliament.

Once the final votes were tallied, however, it became clear that May's hopes were dashed as the party retained only her seat.

At press time, the party's share of the popular vote appeared to have dropped to 2.9 per cent.

Speaking to Metro after her win, May said she blamed strategic voting, as well as being excluded from three of the five leaders' debates on the Green's low seat count, especially in B.C. WITH FILES FROM TORSTAR NEWS SERVICE



Green Party Leader Elizabeth May breaks into song and dance to celebrate the repudiation of Stephen Harper.

THANDI FLETCHER/METRO

#### 🛑 IN BRIEF

### Ballots scarce as voter turnout surges in Prairies

Voter turnout was so high on some reserves on the Prairies that there were reports of a handful of polling stations running out of hallots.

Leanne Nyirfa with Elections Canada said stations were stocked with ballots based on turnout from the last federal election in 2011.

She said a station on Siksika Nation, east of Calgary, went without ballots for about 15 minutes until work-

ers could deliver more.

Sheila North Wilson, grand chief of a group representing First Nations in northern Manitoba, said she was told there were not enough ballots on some remote reserves in the prov-

She said some voters were given photocopies of blank ballots instead.

North Wilson said the turnout showed the First Nations vote has mobilized and people want change.
THE CANADIAN PRESS

#### 66 MULCAIR QUOTES

Canadians have turned the page on 10 long years and have rejected the politics of fear and division.

I could not be prouder of the diversity and strength of our NDP team.

# 'Ready for a change'



Newly elected Liberal MP Andy Filmore raises up his daughter Daisy after winning his seat as his wife Sarah watches on at his campaign headquarters in Halifax. JEFF HARPER/METRO

LIBERAL DOMINANCE

#### **Fillmore** upends Leslie as Grits ride wave to big win



The Halifax riding went decisively Liberal on election night for the first time in 18 years.

A huge wall of cheers greeted Liberal candidate Andy Fillmore as he walked into his campaign headquarters on Quinpool Road in Halifax just after 10 p.m., the former urban planner putting his hands to his head and grinning.

"In Halifax and across the country it's pretty clear that we're ready for a change, a change of direction, a change of energy," Fillmore told reporters before his victory speech

in front of roughly 300 people. Fillmore led the polls in Halifax riding all night, with staff marking many red circles around his numbers above those of incumbent NDP MP Megan Leslie.

As of 11:30 p.m., Fillmore had about 54 per cent, beating Leslie by over 7,500 votes.

Although Fillmore said he was "awash in gratitude" for his supporters and team members, he was not expecting to win by such a large margin.

"We were underdogs. We've worked hard for every inch of ground that we've gotten," Fill-

"It was completely unexpected, but we're obviously extremely happy with it."

Liberal MLA Joachim Stroink celebrated in Fillmore's office and said it's "so good for Nova Scotia" to have provincial and federal parties aligned.

"I was expecting closer ... this was crazy," Stroink said about Fillmore's win.

"We're changing the guard

Fillmore said his win was thanks to a combination of the Liberal wave that took over

Nova Scotia and Canada due to Justin Trudeau's strong leadership, hard work by his local campaign, and the "special need for change" here in Halifax he said people have been asking for.

Leslie had held the seat since 2008. Fellow New Democrat Alexa McDonough had the riding since 1997.
"People can be quite happy

with you as an individual and whether or not they vote for you is another story," Leslie said about her loss.

Addressing a crowd of about

200 people, she congratulated her team, saying they ran a practically flawless campaign — but unfortunately, that didn't translate into votes.

Leslie confirmed she will not be seeking provincial leadership for the NDP.

"I think tomorrow I'm going to sleep in for the first time in 78 days," she joked.

After speaking with supporters, Twitter lit up with rumours of Leslie running for mayor in 2016. WITH FILES FROM JULIA MANOUK-IAN/FOR METRO HALIFAX

#### The power ridings What happened in the key races across the Halifax region

### Fisher wins handily Ex-councillor takes Dartmouth-Cole Harbour

Halifax city councillor and Liberal candidate Darren Fisher was part of the red wave that swept Atlantic Canada Monday night, winning the Dartmouth-Cole Harbour riding by more than 15,000 votes.

"It's very surreal right now," Fisher said at his campaign party at the Mic Mac Aquatic Club in Dartmouth, just minutes after the riding was called in his fa-

Fisher attributed the win to a Liberal platform that resonated with voters in the riding.

"We're seeing an absolute desire for change," he said. "We've heard it at the doors, especially



**Darren Fisher** ZANE WOODFORD/METRO

in the last four or five weeks."

He beat out incumbent NDP MP Robert Chisholm, who won the riding by less than 500 votes in 2011. Fisher's win leaves a council seat open in Dartmouth, and Mayor Mike Savage said a by election would happen early in the New Year, ZANE WOODFORD/METRO voted for a vision."

### NDP incumbent falls

Samson takes Sackville-Preston-Chezzetcook

In a big upset, NDP Sackville-Preston-Chezzetcook incumbent Peter Stoffer lost to Liberal candidate Darrell Samson in Monday's federal election.

Stoffer had previously held the seat since 1997.

"The people wanted change, I didn't think they'd change me, but that's alright," Stoffer said after the seat had been

Samson ended up winning 48 per cent of votes.

"They didn't vote for me," Samson said during a media availability after the election. "They voted for change; they

Samson said he heard rumblings the Liberals would do some damage in Nova Scotia,: but was just as surprised by the red wave as everyone else.

"The outcome was a little greater than I had anticipated; I have to be honest with you."

In 1993, the Blue Jays won the World Series and the Liberals won in Nova Scotia and federally in the election — something Samson acknowledged.

"That may happen tonight; the triple crown," Samson said.

Stoffer, a big advocate for : veterans' affairs, was quick to thank veterans after his concession. BEN COUSINS/METRO

#### Seventh heaven Regan wins again in Halifax West

It was another sweeping victory for the Liberals in Halifax West.

Geoff Regan was re-elected Monday night, making this his seventh term in the riding.

"This is Stephen Harper's worst nightmare," he told the crowd at Brewster's Bar & Grill in Bedford.

"It feels really great and very humbling to have this kind of a victory," said Regan in an interview later in the evening. "We have a tremendously talented team in Atlantic Canada."

The room was buzzing with excitement as many of Regan's

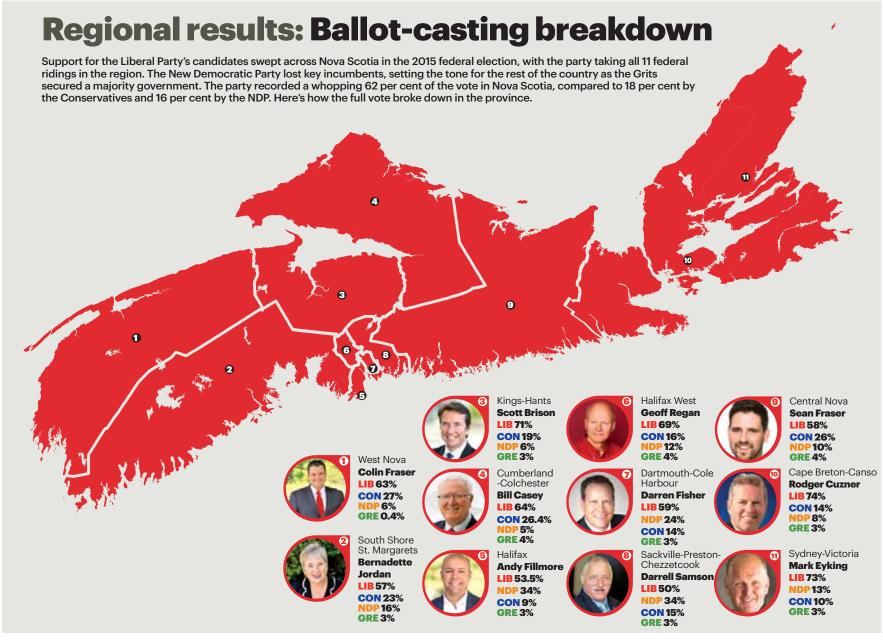


#### It feels really great and very humbling to have this.

Geoff Regan

supporters, family and friends gathered to celebrate his win.

"I was certainly getting a tremendously positive reaction at the doors and I visited thousands of doors over the past 78 days," said Regan. "I think people really responded to what they saw in our policies." EMMA DAVIE/FOR METRO



# Support falls short for Halifax cities

ELECTION HINDSIGHT

#### Campaign more about leaders than municipalities



A red wave hit Halifax hard on Monday night.

There was talk NDP stalwarts Megan Leslie and Peter Stoffer could be in trouble, but to see them trail right from the getgo to their opponents highlighted the momentum the Liberal party gained in the latter stages of this election campaign.

It was something to see.
Drama, there was none of it.

But no matter whom you voted for in the 42nd federal election, cities really took a back seat in this campaign, and it is something we shouldn't be happy about.

Let me ask this of everyone who voted. What did the person you marked your 'X' next to say they would do for the Halifax region specifically?

The answer, in most cases, was little, if anything.

That's because this election

was all about leaders — whom you wanted, and who you wanted nothing more to do with.

It was about Justin's hair, apparent lack of experience to be Prime Minister, and eventually, a comeback-kid type of leader who showed he was as a solid campaigner like his famous father.

It was about Prime Minister Stephen Harper, a villain to many voters, but for about a third of the country, someone they believe firmly in and would stand by no matter what campaign tactics and messages got used.

And then there is Tom. Yes, Mr. Mulcair came out of the gates on fire — putting the NDP into the lead in many polls, but he had trouble shaking the look of a grumpy old man, whose personality (if he really has one), rarely shone through.

Yes, debate after debate, commentary after commentary; we heard less about issues and more about the person in charge of saying them.

This was especially true at the local level.

The five Halifax-area campaigns were duds basically. No talk of what the candidates would really do for Halifax, Dartmouth-Cole Harbour, Sackville, etc.

Instead, it was mostly the

hopefuls spewing the party lines, stuff you could hear Harper, Trudeau or Mulcair say over and over again.

What I wanted to hear more of is what they would do for Halifax.

Hey Liberals, a new outdoor stadium would be nice, care to promise us some money for it?

Hey NDP, how about more health-care dollars towards a new partnership with the province to get us a new hospital to replace the deteriorating Victoria General.

And Conservatives, we could sure use more money for roads and better highways. Maybe promise us a bit of that. If these topics were brought up in the campaign here, I didn't get the memo.

Mayor Mike Savage threw out a last-minute press release telling residents to worry about city issues. But it came out on the last week of the campaign.

It should've been the first. And it should've been done loudly.

This campaign was sad to watch on many levels. That included how little city issues were discussed.

Hopefully our new Liberal government will make cities, and Halifax more specifically, a priority.

The ball is now in their court.

Your essential daily news

Tuesday, October 20, 2015

### **ROSEMARY WESTWOOD**

### It felt more like a relief than a victory. 'A lot of good people lost,' my friends echoed each other — excited to see the Conservatives out of power, but sad to see the gutting of the NDP.

I could tell our hostess had been giddy all day.

"I feel like someone who loves sports," she said breathlessly as we rode up the elevator. It was only 5

Your election party might have been rowdy. Ours was candlelit. Camembert cheese (thankfully not ice-cold), a homemade North African peanut soup and bottles of red wine. How else does a feminist salon — in the sense of an assembly of friends - toast to the demise of Stephen Harper?

There was the hostess, who is a social-justice advocate, and our friends, the lawyer, the fashion designer, and the non-profit manager. For a night amped up this much on social media, we were ready to be giddy. Then the CBC — and Peter Mansbridge in particular started coverage with all the pulse and excitement of a funeral. It would turn out to be Stephen Harper's.

We watched Mansbridge humdrum his way through Atlantic Canada's red sweep, caught a shot of Ian Hanomansing and a hit of actual energy from the unequalled Rosemary Barton, and switched to the Jays, just in time for the second inning go-ahead run.

'Čome on, come on, come on!"

"Yes, yes, yes!!" By then, the Liberals had 60 per cent of the votes counted so far, and it was time for brownies and ice

cream. "Should I microwave these brownies so they're gooey?' asked Hostess.

The ladies squealed as the Javs rapidly scored another five runs. And the CBC's snoozefest coverage continued, until 9:41 p.m., when we switched back

"Based on this," Mansbridge was saying, "the next prime minister of Canada will be Justin Trudeau."

"Oh my God. Oh my God," said Non-Profit.

"Eat it, Stephen Harper!" said Lawyer.

CBC was calling 54 seats for the Liberals, 18 for Conservatives, and the NDP? Just

"The NDP just got slaughtered," I said.

"They really did," Non-Profit said.

In Outremont, though early in the polls, Thomas Mulcair trailed in his own

"Oh dear," Non-Profit sighed. "He must be, like, How did this all happen'?"

The CBC's background was by then awash in red, with photos of Justin Trudeau in a canoe.

"It's like 165!'

"Really fast!"

There was only one Liberal voter in the bunch. But no one was sad for a Trudeau win — just sympathetic for the NDP. Non-Profit would have wanted a coalition. The others agreed.

They bemoaned the loss of Megan Leslie in Halifax and Peggy Nash in the GTA — popular politicians who seemed to have lost more to anti-Harper sentiment than to Trudeau.

The votes rolled in. "Oh, Chris Alexander lost!'

"Excellent!"

"Yes! Fantino's gone!" Stephen Harper was projected to win his seat.

"I just want to see him concede," I said.
"Ooh," the ladies cooed.

All the anger on all sides of the spectrum gives way, on election day, to hope.

"He'll probably just scurry home," Non-Profit quipped. "What'll he do after?

wondered Hostess.

"He'll do some stupid Conservative think tank and write some angry articles,' Non-Profit answered. "He'll love it. And play in his band the Vancats.

I held my breath for one more Green MP, and the CBC called it a Liberal majority.

It felt more like a relief, less like a victory.

"A lot of good people —" "A lot of good people lost," said Designer.

They echoed each other: excited to see the Conservatives kicked out of power, but sad to see the gutting of the NDP.

Earlier in the day, just after voting, I'd felt the gleam of a new government. It was silly, but I felt I already knew it was the end of Harper, the start of some-

thing.
There was sunlight. Lemon and lime and cherry-red leaves. Dogs poked their heads over fences. I saw an Olivia Chow supporter's Harper's Last Day pin, and it finally felt possible, instead of simply aspirational.

All the anger on all sides of the spectrum gives way, on election day, to hope.

But we didn't vote for newness, so much as voted against the status quo.

"It's easier to say now, to feel badly for the NDP, because we know we're not threatened by the Conservatives," noted Designer. "But we all said before, 'not Harp-er.' And this is what we're left with.'

Plus, they added, "We have a new, young, hot Prime Minister!"

"Everyone is going to be like, Where did they get this hottie from?"

Answer: The dynasty train.

### **Long-simmering** campaign a recipe for voter engagement



**Emma Teitel** 

On Oct. 10, Mary Cleaver, a B.C. woman in her 40s, posted on Facebook about why she would not be voting for Stephen Harper, even though his party's economic policies might benefit her family.

"You've underestimated us," she wrote. "On Oct. 19, we're not voting for our bank balance. We're voting for change because we want the caring Canada of our youth back.

Cleaver's post was shared in the thousands from coast to coast. Spreading Cleaver's message were disenchanted Conservative supporters and staunch progressives eager to disseminate any criticism of Harper. But the group I noticed linking to Cleaver's post most enthusiastically were people my age, in their 20s - a demographic deemed unlikely to show up at the polls, yet clearly inspired by the notion that a person would base their vote not on how it might affect her, but on how it might affect the lives of others.

Say what you want about this campaign's bizarre ugliness, but you'd be remiss if you failed to acknowledge that this was a remarkable campaign for youth engagement. It was rife with an unusual passion for the democratic

People still may not be voting at the rates they should be, but they are at least learning about politics. Political discourse, whether partisan, balanced or incomprehensible, was almost impossible to ignore this election season.

"People really recognized this was an important and decisive election," said Melana Roberts, 26, co-chair of the Toronto Youth Food Policy Council. "Young people ... are far less apathetic. We are recognizing we are the makers of our own futures, and if we don't stand up for the things we believe in, no one else will."

Roberts may be right about waning apathy. But I have a different theory about high youth engagement with politics: Our election was simply too long

If you're a politically uninformed person (I was one for a very long time), when there is an election - usually five weeks in Canada - you typically tune in twice: when the campaign kicks off, and before you're supposed to go to the polls, when you hastily read whatever campaign literature you can get your hands on.

But the protracted election cycle gives voters no choice but to marinate in the issues, and it's infinitely beneficial in an age where sites filter out content deemed irrelevant to our personal interests. Yes, taxpayers have to foot the bill for a long election, but some things - a healthy, engaged democracy for one - are worth the time and money.

Emma Teitel is a national columnist for the Toronto Star. She has been a frontof-the-book columnist for Maclean's magazine for the past four years, focusing on a wide range of subjects including women's issues and popular culture. She won the National Magazine Awards gold award for



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FREE TO SHARE





BUT THAT WOULD BE AN ERROR

#JAVSVOTE

The result may not be the only surprising thing about this election.
There were signs of a turnaround in youth turnout. Social-media newsfeeds were crowded with young people encouraging others to vote — with selfies, with funny memes and occasionally with shaming tactics. The excitement was palpable online, from an indigenous youth voting campaign to a site for organizing " parties," making civic duty a social occasion. Why? It could be Conservative fatigue, or university students who were allowed to vote on campus in their home riding for the first time. But it might also be that since 2011, many millennials have transitioned into full-blown adults, with homes of their own, taxes to pay, small children and aging parents. Where there was once utter disaffection, there are now urgent reasons to vote.

metr@NEWS Halifax Tuesday, October 20, 2015



Officials said they could not guarantee a bridge delay wouldn't happen again, adding there would be no penalties for the contractor after the first delay Monday, JEFF HARPER/METRO

# Big Lift causes a big headache

INFRASTRUCTURE

#### **Macdonald Bridge opens** more than four hours late



Halifax Harbour Bridges said Monday it's sorry the Macdonald Bridge didn't open on time - but it couldn't guarantee a delay wouldn't happen again, and said there would be no penalties for the contractor after this one.

The bridge was scheduled to open at 5:30 a.m. Monday after work this weekend to replace the first section of the bridge as part of the Big Lift project.

Just before 5 a.m., the bridge commission tweeted that the bridge would open an hour late at 6:30 a.m., then at 6 a.m., that it would open at an "undetermined time." At about 7:30 a.m., the bridge commission tweeted that the bridge would open at 9:30 a.m., and then at 8:30 a.m., that it would open at 10:30 a.m. At 10 a.m., the bridge opened.



#### We're very sorry that we inconvenienced you today and we hope we won't do it again.

Jon Eppell, chief engineer, Halifax Harbour Bridges

"From 7 o'clock on, things got pretty complicated out there, and we feel bad about it," said Halifax Harbour Bridges CEO and GM Steve Snider Monday afternoon.

"This is not good. It's not the way we like to perform, but it occurred."

Chief engineer Jon Eppell said he found out about the coming delay at about 4:30 a.m.

"As soon as that notice came

in to us, it was released to the public and the media, as well as being posted up on our various signs around the city that we have," he said.

"I'm not sure that much else could've been done."

In terms of any consequences for the contractor, Eppell and Snider agreed it would better serve the project to let this one slide, even though there



#### We had no indication that we were going to be faced with a late opening.

Steve Snider, CEO and GM, Halifax Harbour Bridges

are "areas in the contract that address that.'

"To start going and getting contractual on them right now and talk about penalties - it's not going to help this project go any better than it is," said Eppell.

"Jon is going to work with the contractor and determine where it was that things went off the rails, and make sure it doesn't happen the next time,"

said Snider.

Eppell said the contractor was having a hard time connecting some of the pieces of the existing structure to the new section. He said these issues are more prominent on the sections at each end of the bridge, and in the middle, meaning most of the other sections will be easier.

The bridge will be closed again this weekend.

### Take home a piece of St. Patrick's High



Haligonians wanting to preserve the memory of an old peninsula school can take ĥome a piece.

On Tuesday from 8 a.m. to 5 p.m., former students and interested residents are invited to stop by the former Saint Patrick's High School at 6067 Quinpool Rd. and take home a brick.

The offer was also available to interested people on Monday over the same time. With the building now

under demolition, an HRM release said the contractor has set aside a few hundred bricks to serve as memora-

The bricks will be placed on pallets for anyone to pick up for free just outside of the construction fencing along Windsor Street, the release said. They are available on a first come, first serve basis.

The building is being taken down as part of the ongoing process of preparing the site for future de-



With the building now under demolition, the contractor has set aside a few hundred bricks. METRO FILE

velopment, the release said. For more information on the sale process for the site and

public consultation events, visit shapeyourcityhalifax.

### Second person dead after weekend crash

A second passenger has died as a result of a fatal car crash on the weekend that police believe alcohol played a factor in.

Halifax RCMP said a 22-yearold Lower Sackville woman had died in hospital on Monday, resulting from injuries sustained in the single-vehicle accident.

Around 1:30 a.m. Sunday, RCMP responded to the collision on Beaver Bank Road where a 21-year-old male passenger died

The investigation determined that a Honda Civic with four occupants left the road during the collision. The driver of the car was also injured but was released from hospital.

Two female passengers were ejected during the crash, and one remains in hospital with injuries described at first as lifethreatening.

On Sunday, RCMP Staff Sgt. Dave Thibeau said their investigation so far leads them to believe alcohol was a factor in the crash, but they aren't sure to what extent. The investigation is continuing. METRO

# Road rage leads to fight, stabbing

A road-rage incident in Halifax quickly got out of hand on Monday.

Police say at about 1:40 p.m., two men were yelling at each other as they each drove down North West Arm Drive, and then they stopped at Peter Saulnier Drive.

One of the men got out of his car, ran to the other vehicle and started punching the driver — who also had his wife and child in the car — through the window, a police release states.

The driver started to drive away, but when he noticed the other man had fallen down, he stopped.

IN BRIEF

offences begins

**Trial of Pictou teacher** 

charged with sexual

The trial for a Pictou

court this afternoon.

Carolyn Amy Hood is

Thirty-nine-year-old

charged with sexual as-

sault, sexual interference,

two counts of luring min-

ors over the Internet for

sexual purposes and two

counts of sexual exploita-

These charges are in re-

lation to alleged incidents

involving minors that are

between June and Sep-

tember 2013.

School

believed to have occurred

Hood was arrested in

January 2014 following an

tion following a complaint

The trial is expected to

11-week police investiga-

that was received from

Thorburn Consolidated

continue until Oct. 30.

tion of a young person.

County teacher charged



Police say charges are expected to be laid on the men involved in the

The man got up, ran back to the car and started punching the driver through the window again.

Then the driver stabbed the man in the arm.

When police arrived, both men were suffering from non-life-threatening injuries, and they were then taken to hospital. METRO



Amy Langdon, organizer of the region's Donair Crawl, shows off a donair from Johnny K's. ZANE WOODFORD/METRO

# Halifax staple up for official food status

#### with sex related offences is underway in a Pictou

The Amherst senior attended a polling station at Trinity-St. Stephen's

She waited in line and watched the poll clerk tear the ballot from the

"I went into the voting booth, picked up the pencil and opened the ballot to vote. That's when I saw the 'X' clearly marked for one candidate," Hughes

Hughes, who declined to say for whom the 'X' was marked, told the poll clerk and was immediately handed another ballot

**Elections Canada** blamed it on printing

#### Senior casts vote, finds ballot is already marked

Beatrice Hughes was all set to mark her ballot on Monday when she noticed that someone already

United Church early Mon-

this one was blank.

about the state of our roads," Mosher said Monday.

Popular donair

a healthy treat

since 1973, says

Haley

Ryan

Halifax's love for the donair

could soon become very official.

ing regional council to request

a staff report during their meet-

ing Tuesday that would consider

making the donair HRM's of-

to sit there for 12 hours and talk

"It's just a fun thing for council to do. We don't always have

ficial food.

Coun. Linda Mosher is ask-

Metro | Halifax

councillor

Attached to her motion, Mosher included many local and national articles about the donair, a pita wrap of spiced beef and special sweet garlic sauce with onions and tomatoes that was founded in Quinpool Road's King of Donair in 1973.

The donair has become an "iconic food" and symbol of the city and Nova Scotia that draws people from around the world to try it out - including celebrity chef Anthony Bourdain who visited last year, she said.

"We're actually benefitting from the worldwide tourism, Mosher said.

"This is one thing that we can claim (as) our own, and many different cities and countries have tried to duplicate it."

For those who were hoping for lobster or fish as Halifax's of ficial food, Mosher said there are great eateries here but so many communities and provinces in the Maritimes that are known for seafood.

While doing research on the donair, Mosher said she noticed Edmonton's council had also considered making the dish their official food this summer.

It didn't happen, but the motion said it's important Halifax make things official with the donair so everyone in Canada

knows where it belongs.

"Absolutely they did not invent it and that's the other side of Canada, and we own the donair - not them," Mosher said with a laugh.

Although many Haligonians may have been visiting Pizza Corner after the bar when they last sampled a donair, Mosher said the food is not just for late night.

"It's a different food. It's not like poutine or something that's just greasy fries, you've also got protein and vegetables," Mosh-



People eat donair pizza, there's garlic fingers with donair sauce ... the food has evolved to other things.

Linda Mosher

# Let's Talk About It.

THE SHELDON MacLEOD SHOW WEEKDAYS 2pm — 6pm

# Business group backs carbon tax, pipeline

**CHAMBER OF COMMERCE** 

#### **Proposals** include trade pact, pension reform

The Canadian Chamber of Commerce is urging the next federal government to implement a suite of initiatives, including changes to the Canada Pension Plan and the adoption of a national carbon tax aimed at cutting greenhouse gas emissions within 35 years.

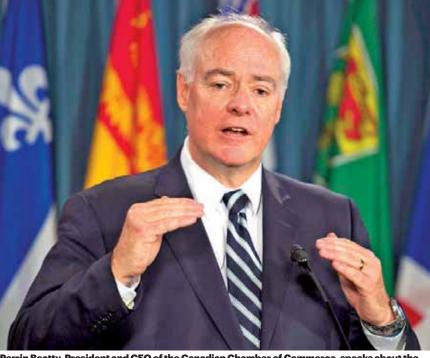
The business organization, which represents chambers and boards of trade across the country, says the policy changes were part of 49 resolutions adopted at its annual meeting over the weekend.

It's calling on the federal government to work with provinces on a new tax, or legal limit, that would lead to a "substantial reduction" in greenhouse gas emissions by 2050, though the chamber didn't provide any specific goals in its announcement.



We expect the new government to put Canada's competitiveness at the top of its list of priorities.

**Perrin Beatty** 



Perrin Beatty, President and CEO of the Canadian Chamber of Commerce, speaks about the Trans-Pacific Partnership during a news conference in Ottawa, Monday October 5.

ADRIAN WYLD/THE CANADIAN PRESS

The chamber is also pushing for reforms to the Canada Pension Plan that would let employees contribute higher amounts.

It is also asking for "favourable conditions" to support TransCanada's Energy East Pipeline, a proposed development that would have the capacity to transport 1.1 million barrels of crude oil per day from Alberta to refineries and ports in Eastern Canada.

Among the other resolutions was support to finalize the Trans-Pacific Partnership and an initiative to streamline applications under the federal temporary foreign workers program.

"We expect the new government to put Canada's competitiveness at the top of its list of priorities," said chamber president and CEO Perrin Beatty in a statement.

"With these new resolutions that cover a wide array of topics, we're ready to present the priorities of the business community to the new government.' THE CANADIAN PRESS

# Gangster on trial for 'Goodfellas' heist

An aging gangster went on trial Monday on charges he was in on the \$6-million Lufthansa holdup in 1978, a legendary theft dramatized in the hit film Goodfellas.

The brazen armed robbery of cash and jewelry in the dead of night at a cargo terminal at Kennedy Airport was "the score of all scores" for Vincent Asaro and other mobsters of his generation, Assistant U.S. Attorney Lindsay Gerdes said in opening statements in federal court in Brooklyn, N.Y.

Asaro, 80, aligned himself with heist mastermind, the late James "Jimmy the Gent"

Burke — played by Robert De Niro in the 1990 Martin Scorsese film - "because he knew Burke was someone he could make money with," Gerdes said. "Jimmy Burke and Vincent Asaro were true partners in crime.

Defence attorney Diane Ferrone countered by accusing the government of relying on the testimony of untrustworthy turncoat mobsters, including a close associate of Asaro's cousin, Gaspare Valenti. She labeled the cousin a con artist who became a paid government informant in the late 2000s.

THE ASSOCIATED PRESS



In this 2014 courtroom drawing, Vincent Asaro, left, is joined by his attorney, Gerald McMahon, at federal court in New York.

THE ASSOCIATED PRESS FILE



#### **TD** review streamlines **Canadian operations**

Toronto-Dominion Bank is eliminating some jobs and changing others as part of a company-wide review.

TD had more than 80,000 full-time equivalent staff last year, according to the bank's 2014 annual report. THE CANADIAN PRESS

#### market minute



**DOLLAR** 76.81¢ US (-0.64¢)



**TSX** 13,758.38 (-79.72)



**OIL** \$45.89 US (-\$1.37)





**GOLD** \$1,172.80 US (-\$10.30)

NATURAL GAS: \$2.44 US (+1¢) DOW JONES: 17,230.54 (+14.57)





Migrants and refugees on a dinghy from the Turkish coast arrive on the northeastern Greek island of Lesbos on Monday. More

# Migrants hit Croatia

#### **Border opened** to let refugees keep moving to Slovenia

Thousands of people trying to reach the heart of Europe surged across Serbia's border into Croatia on Monday after authorities eased restrictions that had left them stranded for days in ankle-deep mud and rain.

The wave of humanity left

behind a field scattered with soaked blankets, mud-caked clothing and waterlogged tents as they headed for Slovenia, the next obstacle to their quest to reach richer European Union nations via the Balkans.

Monday's surprise move allowed an estimated 3,000 more mi-

grants to enter Croatia bound for its small Alpine neighbour, which also has been struggling to slow the flow of human-

**Number of** migrants estimated to have reached Austria through Slovenia on Monday.

opened, everybody rushed," said Melita Sunjic, a spokeswoman for the UN refugee agency.

ity across its fron-

tiers - and faced

another wave of

trekkers seeking

to reach Austria

and Germany to

nouncement, the

borders opened.

When the borders

"Without any an-

the north.

Many had discarded their mudsoaked socks and walked only in sandals or slippers through the

ankle-deep muck in a driving rain, frigid winds and fog.

Croat police stood aside to permit asylum-seekers by the thousands to walk toward buses for transport north where they would become Slovenia's problem.

Croatia's prime minister, Zoran Milanovic, said conditions on the poorly sheltered Serb side of the border had quickly grown unbearable.

"It's apparent that this is no solution, so we will let them through. We will send them toward Slovenia," Milanovic said. THE ASSOCIATED PRESS

# Violence erupts at anti-Islam rally

Violence flared in the eastern city of Dresden after German anti-Islam group PEGIDA staged a rally to mark its first anniversary Monday.

Scuffles broke out when police tried to separate farright protesters and counterdemonstrators attempting to block their path. Marko Laske, a spokesman for city police, said one person was hospitalized and a counter-demonstrator was detained.

Dresden authorities had warned ahead of the protest that they would crack down hard on violence, amid growing concern in Germany that PEGIDA - whose name stands for "Patriotic Europeans against the Islamization of the West' - is becoming more radical.

Many in the crowd held banners with slogans such as "refugees not welcome.'

Germany's top security official warned that groups such as PEGIDA were paving the way for violence, citing a sharp increase in attacks on refugee shelters this year and a weekend knife attack on a leading candidate to be mayor of Cologne. The attacker told police he acted out of anti-foreigner motives.

THE ASSOCIATED PRESS



Protesters attend an anti-Islam demonstration in Dresden, eastern Germany, on Monday. JENS MEYER/THE ASSOCIATED PRESS



#### 🛑 IN BRIEF

#### Eritrean slain by mob was mistaken for a Palestinian

The death of an Eritrean migrant who was shot and beaten by a mob that mistakenly believed he was a Palestinian attacker set off a round of soul-searching Monday amid the jittery atmosphere sweeping Israel in a wave of unrest.

Nine Israelis have been killed in the past month in the attacks, mostly stab-

At least 41 Palestinians have been killed - including 20 identified by Israeli authorities as attackers; the rest were slain in clashes with Israeli forces. THE ASSOCIATED PRESS







Soldiers inspect voters' identification outside a polling station in Fayoum, Egypt, on Monday. EMAN HELAL/THE ASSOCIATED PRESS

# Half-day holiday fails to woo Egyptians to vote

LEGISLATURE

#### New chamber expected to rubber-stamp policies

Egypt gave government workers half a day off Monday in a bid to boost turnout in the first legislative elections since a court dissolved a chamber dominated by Islamists in 2012.

However, there was no sign of increased activity at the polls. Monday is the second day of

voting in 14 provinces, including Cairo's twin city of Giza and the Mediterranean port of Alexandria. Voting in Egypt's other 13 provinces, including Cairo, will take place next month.

Final results are scheduled

to be announced in December.

The parliamentary elections are widely expected to result in a rubber-stamp assembly supportive of President Abdel-Fattah el-Sissi, who urged Egyptians to vote in a TV address Saturday.

Low turnout would indicate growing disillusionment or distrust of the political system under el-Sissi.

Prime Minister Sherif Ismail was quoted by the official Middle East News Agency as saying turnout in Sunday's voting was between 15 and 16 per cent. Judges interviewed Monday gave roughly the same figure. There was no way to independently confirm the estimates.

The figures given by officials, however, appeared to be much higher than the extensive coverage by local and regional TV news networks would suggest.

State media has acknowledged that turnout was generally weak on Sunday.

Associated Press reporters who toured polling centres across Giza on Sunday and Monday said that, unlike in previous elections held since the 2011 uprising that toppled longtime autocrat Hosni Mubarak, there were no long lines.

Most of those casting ballots were women or elderly people, and only a slow trickle of voters could be seen at polling centres

The decision to give government workers a half-day off Monday reflected deep concern over the turnout, which analysts and observers have said may not exceed 10 per cent. The stateowned Al-Ahram daily said the government urged private businesses to ensure employees are able to get off work and vote.

In the coastal province of Alexandria, public transport was to be free from 1 p.m. to 9 p.m. Monday to encourage a bigger turnout, according to a statement from Gov. Hany el-Messiry's office.



#### Soon in session

The 596-seat chamber is expected to meet for its inaugural session before the end of the year.

That would complete a three-phase political road map announced by President Abdel-Fattah el-Sissi when, as military chief, he ousted Islamist leader Mohammed Morsi in July 2013.

Phase One was drafting and adopting a new constitution by January 2014, replacing a charter mostly written by Morsi supporters, which had an Islamist

Phase Two was presidential elections, which el-Sissi won last year.

THE ASSOCIATED PRESS

Many voters said they feel disconnected from the candidates.

"Before the elections, we see their posters. After the elections, we may see them on television, but we will never see them on the street," Thanaa Taher, a 45-year-old engineer, said outside a polling station

"No one is going to take time out of their day to go vote for the same people who did nothing or people who never even spoke to them," said retired social worker Faroug Ali.

The next parliament is widely expected to support el-Sissi, who is struggling to revive the economy, crush an Islamist insurgency and play an assertive political and military role in a turbulent Middle East.

Such a chamber would harken back to the Hosni Mubarak era, when elections during his 29-year rule were rigged or manipulated to give his National Democratic Party an overwhelming majority in what amounted to rubber-stamp legislatures. THE ASSOCIATED PRES

**AFGHANISTAN** 

## MSF gate crashed by U.S.

The U.S. military acknowledged Monday that an armoured vehicle carrying U.S. personnel deliberately crashed through the gate of the compound in Afghanistan where 22 people were killed two weeks ago in a U.S. air attack on a hospital run by Médecins Sans Frontières.

Navy Capt. Jeff Davis, a Pentagon spokesman, said the Afghan armoured vehicle with U.S. personnel inside drove through the gate last Thursday to gain access to the Kunduz compound, believing incorrectly that no MSF (Doctors Without Borders) personnel were there.

Davis said the visit was to assess the "structural integrity" of the building damaged in the Oct. 3 attack by a U.S. Air Force AC-130 gunship.

The visit was part of a process to determine whether to pay a damage claim, he said.

"They forced the gate open," Davis said. "They drove into it with their vehicle.... They shouldn't have.

"They should have co-ordinated ahead of time and they're going to make it right and make sure that that gate is repaired."



An employee in the remains of the MSF hospital in Kunduz hit by a U.S. airstrike on Oct. 16. THE ASSOCIATED PRESS



#### **PAKISTAN**

#### Quetta bomb kills 11

A bomb planted on a passenger bus in the southwestern city of Quetta killed 11 passengers and wounded another 23, Pakistani officials said.

Home Secretary Akber Durrani said the bus was travelling from the city centre to the nearby town of Saryab when the bomb went off Monday. He says investigators believe the explosives were planted inside the bus.

Police said the bus was carrying around 50 passengers. THE ASSOCIATED PRESS



We are back to the old (Hosni Mubarak) scene, when people saw no point in elections, parliament or democracy.

Ibrahim Eissa, Egyptian newspaper columnist

### SOMETHING THIS GOOD SHOULD NEVER END.





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# Trans Canada in harm's way

**Documentary** shows access to transgender health care is bumpy at best

Henrietta Walmark Metro | Canada



"I didn't think I would live past 30 at that point," AJ Ripley, a gender ambiguous person, says in the Vice Canada documentary On Hold: Investigating Transgender Health Access in Canada.

Ripley is seen standing in front of a portrait of their pretransition self in the Marie Fox exhibit at the Beaverbrook Art Gallery in Fredericton, N.B. "I was 28 at the time and didn't imagine I would make it to 30. So as a 30-year-old standing here in an entirely different body, and looking at those eyes, I just want to hold that person and tell them that it's going to be OK."

It's a vulnerable moment in contrast to Ripley in the opening scene of On Hold, which they host and co-produced. (Ripley is non-binary and prefers the pronouns they/them/ their(s).) The trans activist is on



AJ Ripley is a non-binary trans-masculine PhD student fighting for the funding of proper health-care services in New Brunswick. ALL PHOTOS: SARAH THOMAS MOFFAT

the phone trying yet again to schedule a meeting with New Brunswick's minister of health, Victor Boudreau.

Ripley wants a face-to-face meeting with Boudreau to discuss the health minister's comment that doctors don't need to service trans patients if they disagree morally and religiously with their identities.

New Brunswick is the only

province in Canada that does not offer any funded procedures to transgender people. On Hold uses that fact as a jumping-off point to examine transgender health care access across the country.

"I'm one of the people who is waiting for surgery," Ripley tells Metro in a phone interview from Fredericton. "It's a really precarious position

to be in, to have to ask your friends and family to give you money for a surgery that you need because my government won't pay for it.

"Anywhere else I could apply and go through the paperwork and get it covered, but because my government doesn't pay for it, I have to crowdfund. That can feel like a shameful experience.

While other provinces offer some access to some surgeries, Ripley says that even in Ontario, which has one of the best trans health-care models, "there are still a lot staffing, lack of education and

'When you're trans, your life really becomes your cause,' says Ripley. "You're an activist from the time you wake up until the time you go to bed, unfortunately.

When allies ask how they can help, Ripley suggests sharing information on social media. "What I tell people is to like my article about what it's like to be a trans activist online. Put it on your (Facebook) wall if you're cisgender, heteronormative people. It might not receive a ton of likes but it doesn't mean people aren't reading it or engaging with it.

"It means the world to me to know that I have 50 or 60 people sharing this documentary in their social media realm," says Ripley, "knowing that will snow-

ball to thousands of other people." The trans activist was finally able to meet with the New Brunswick health minister, but Boudreau asked for patience until a budget review ate in October. "At that time if he doesn't show us that he's trying to find a solution for trans people in the province, we'll have to ramp up our activism," says Ripley.

"Dr. Edgar in the documentary does say that what we've learned statistically through a number of surveys is that waiting equates to death," says Ripley. "So access to trans health care and gender reassignment surgery is not trivial or optional or elective, it's really a matter of life or death. People that spout ideas about these surgeries being cosmetic, I hope

that they read more or watch

the documentary and realize

the damage in that narrative.'

LEARN MORE

On social media

· Watch the documentary On Hold on YouTube or at

• Follow AJ Ripley on Twitter @genderunicorn and on their blog, Trans Canada (My Way).



It's a really precarious position to be in, to have to ask your friends and family to give you money for a surgery that you need because my government won't pay for it.

Transgender activist AJ Ripley

of problems because of under-



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Health | metr#LIFE **18** Tuesday, October 20, 2015

## More myopia seen in first-borns

#### **Oldest sibling** at 10% greater risk of being short-sighted

First-born children have a 10 per cent greater risk of developing myopia compared to their siblings, according to research undertaken in Wales. The researchers point to a possible connection with parental investment in education.

Myopia in children is becoming increasingly prevalent in most countries and is proving to be a major challenge in public health terms.

While certain factors have been identified as triggers for this condition, such as genetics and the amount of time spent outdoors and indoors, a new study highlights a link between myopia and birth order.

Researchers at Cardiff University in Wales undertook a study using data from the UK Biobank database involving 89,000 participants aged between 40 and 69. None of them had had a family history



Welsh researchers have found a link between eye problems and birth order. ISTOCK

of myopia, thereby removing any genetic factor that could affect their sight.

The researchers compared the participants' vision assessment and their risk of myopia by studying their birth order in the family.

Greater parental investment and the increased influence of educational criteria in the early childhood of first-born children could mean they are more exposed to factors triggering myopia, say the researchers.

The more studying the first-

born children do compared to their siblings, the greater the difference in sight between them, reports the study, which points to parental role in children's school life, particularly first-born children, as a potential explanation for this phenomenon.

Their findings, which were published this month in the journal JAMA Ophthalmology, indicated that compared to their last-born and younger siblings, first-born children had a 10 per cent greater risk of becoming short-sighted and a 20 per cent greater risk of developing a severe form of myopia.

Taking their work a step further, the team then took account of environmental factors associated with the noted difference.

The researchers used two criteria: the highest educational qualification obtained and the age of completion of full-time education, in order to evaluate the degree of exposure to education depending on birth order.

Previous studies have shown that myopia is accentuated by intense reading, writing, and working at screens at school, university and in professional

The researchers suggest that reduced parental investment with siblings who follow the first-born could be linked to the lower risk of myopia in the younger and youngest siblings in a family. AFP

#### **WITAMINS**

#### Tens of thousands of ER visits blamed on over-the-counter pills

Over-the-counter supplements, including vitamins and weight-loss aids, are being blamed for 23,000 visits to U.S. emergency rooms each year, according to a decade-long study

The findings published in the New England Journal of Medicine are based on reports from a nationally representative sample of 63 emergency departments from 2004 through 2013. The study raised new concerns among experts over the safety of an industry that critics say is largely unregulated and yet highly popular among consumers bringing in \$14.8 billion in 2007, or one-third of the out-of-pocket expenditures for prescription drugs, according to background information in the article.

Weight-loss aids were a leading culprit in the 20to-34 age group, causing more than half of ER visits, commonly for heart-related symptoms including palpitations, chest pain or irregular heartbeat. AFP

### Vee **Domestic** Medium Hair

Two-year-old Vee came into our care after being abandoned by her former guardians. Although it is difficult to understand how anyone could treat a pet so heartlessly, what is important is that Vee is now safe. She has a calm, friendly personality and is accepting her temporary situation with a healthy level of feline grace. She may seem a little distracted due to what is going on... but she does enjoy being fussed over. Vee

is patiently waiting at the shelter to meet her new forever friend... Could that person be you?

For more information on **Vee** and other adoptable furry friends. visit www.spcans.ca/dartmouthshelter or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or dartmouth@spcans.ca

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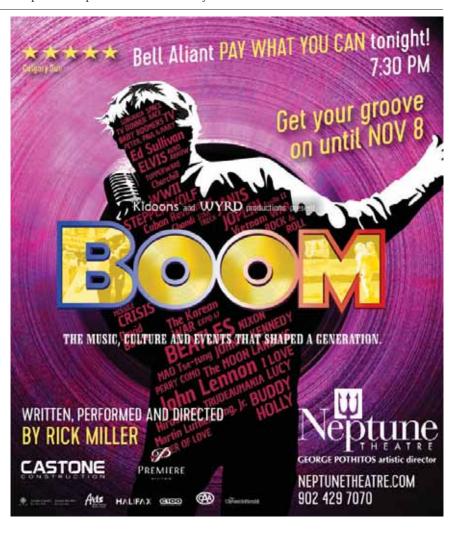


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metr
LIFE | Health Tuesday, October 20, 2015 | 19

# The science of lovesickness

#### **INTERVIEW**

# Rejection's impact on the brain explored in new doc

A painful ache in your heart. Depression. Inability to stop crying.

These are all symptoms of a paralyzing illness that affects people all around the world — it's called lovesickness.

Biological anthropologist Helen Fisher is an expert on romantic love who has studied the effects of romantic rejection on the brain. She is also the lead scientist in a new documentary, Sleepless in New York

Describe the science behind lovesickness.

(Through brain scans of 17 people dumped recently), we found activity in a brain system that is completely linked with deep feelings of romantic love for the person. So when you've been dumped, you still continue to love them. We also found activity in a brain region linked with attachment, so even though they've dumped you, you still feel a feeling of deep attachment to this person. We also found activity in three brain regions linked with cravings. And one of those three is the main addiction centre for all drugs of abuse. Last but not least, we found activity in a brain region linked with the anxiety that goes along with rejection but also linked with pain.

Is romantic love addiction?

It is an addiction. The addiction centres become active.

#### How dangerous can romantic rejection be?

Well, if you kill yourself, that's the finale of your life on Earth. If you kill someone else, that's the finale for them. If you're stalking someone, you're terrifying them. And if you slip into clinical depression, you don't get out of bed.

#### Is there a formula for overcoming romantic rejection?

I would treat it as an addiction. Throw out the cards and letters. If you're giving up alcohol, you don't keep a bottle of vodka on your desk. Don't write. Don't call. Don't ask that person's friends about them.

TORSTAR NEWS SERVICE



The documentary Sleepless in New York by director Christian Frei follows people who have been rejected by their lovers in the days and weeks following their breakups. HANDOUT



#### STUDY

### Parents now advised to introduce allergenic foods earlier

Parents should be feeding their babies potentially allergenic foods to ward off serious allergies, suggests a new review of recent evidence.

The review, published Monday in the Canadian Medical Association Journal, states that most babies at four to six months of age can begin eating these foods, which include cow's milk, soy, peanuts, tree nuts, eggs, wheat, fish, shellfish and sesame.

And once those foods have been introduced, it's important the baby continue to eat them on a regular basis or an allergy could develop.

"We're in the midst of a food allergy epidemic, so prevention is really important," said co-author Dr. Elissa Abrams of the University of Manitoba's department of pediatric allergy and clinical immunology.

allergy.

Dr. Elissa Abrams

In the past, parents of babies at high risk of developing allergies were advised to wait 12 months to 36 months before introducing commonly allergenic foods.

"At the time we thought that if you allowed the infants' immune system and gut to mature it would decrease the chance that they would become allergic," said Abrams, who co-authored the review with Dr. Allan Becker.

Instead of food allergy rates

dropping, as was expected, there was an increase in some areas.

In the U.K., when they started

avoiding peanut there was as

much as a tripling of peanut

"For example, in the U.K., when they started avoiding peanut there was as much as a tripling of peanut allergy," said Abrams.

Later studies "found that giving the foods late did not prevent allergies and in fact may actually increase the risk that these children would become allergic."

Groups including the Canadian Society of Allergy and Clinical Immunology now call

for introducing peanuts to highrisk kids at between four and 11 months of age.

The new review does suggest it might be advisable for parents to visit an allergist if there is a history of allergies in the family.

A recent survey of Canadian households found that eight per cent, or one in 12 families, reported at least one food allergy.

Researchers have also learned more about what could be causing food allergies.

"We now think that you can actually become allergic through your skin, specifically broken skin such as in children with eczema, if they're exposed to these foods in the environment and not already eating them," Abrams said.

"So that's why the guidelines

have shifted so dramatically from the old guideline, which was wait, to the new guideline, which is there is no need to wait."

Current guidelines say mothers don't need to avoid foods that commonly cause allergies while pregnant or breastfeeding. Many mothers ask what's the harm in avoiding the foods

Many mothers ask what's the harm in avoiding the foods as a preventative measure.

"There is a harm," said Abrams. "In some of the studies, when moms avoided foods when they were pregnant, they were at an increased risk of having small children and having children that were born early."

Dr. Susan Waserman, professor of medicine in the clin-

ical immunology and allergy division at McMaster University, said in her clinic they haven't been telling parents to avoid allergenic foods for many years.

"But we never had good evidence even to make that recommendation until this study," she said.

THE CANADIAN PRESS

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## An ounce of prevention

Here are some ways you can help protect yourself so you're enjoying the season instead of nursing a seasonal sickness:

#### **GET VACCINATED**

Getting vaccinated is the best way to help keep influenza from interrupting your life. To learn more about the flu shot, visit your Shoppers Drug Mart Pharmacist or go to shoppersdrugmart.ca/flushot.

#### WASH UP

Fact: that shopping cart or doorknob you just touched could have germs that lead to a cold or flu. To make sure your hands are properly clean, rub them with soap and warm water for 15 to 20 seconds. If you aren't near a sink, have a hand sanitizer

#### **GET SOME REST**

Getting at least seven hours of sleep a night helps you control the hormone cortisol, which is responsible for regulating your immune system. Some ways to help you fall

TAKE



asleep include avoiding rich meals right before bed, not drinking too many liquids before going to sleep and maintaining a regular sleep schedule.

#### A SOLID D

Living in a northern climate means we may be deprived of the vitamin D our immune system needs to function properly. Foods like milk and salmon are loaded with vitamin D, and you can supplement your diet with a multivitamin to help your body store the D it needs to help you stay healthy this season.

# Already sick? Here's how to help yourself feel better

#### For your throat and chest

Your Pharmacist can recommend a product right for you. A product like Robitussin Cough Control Extra Strength with Mucus and Phlegm Relief soothes throats and helps relieve dry coughs and chest conges-

#### For your sinuses

Otrivin® Saline is a natural nasal spray to unblock your nose. Breathe Right® nonmedicated nasal strips can open up your nose instantly - and





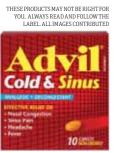
they're available for kids, as well. Advil® Cold & Sinus can also give relief, opening your airways by shrinking swollen nasal passages and making it easier to breathe.

#### For your kids

Otrivin

If your little one comes down with a fever, Children's Advil® can give them up to eight hours of relief. Your Pharmacist can help you determine a product appropriate

> for your child's age and weight.







Ask your Shoppers Drug Mart Pharmacist about products that can help you and your family feel better this Cough and Cold season.



# Goins gets tough as Jays erupt

#### MLB POST-SEASON

#### Toronto 2B joins Tulo, **Donaldson in** homer parade

Troy Tulowitzki, Josh Donaldson and Ryan Goins homered as the Blue Jays bats woke up Monday night, battering Royals ace Johnny Cueto in an 11-8 Toronto win that cut Kansas City's lead to 2-1 in the American League Championship Series.

Kansas City rallied for four runs in the ninth but it was too little, too late.

The Royals won 5-0 and 6-3 in Kansas City, handcuffing the Jays' powerful offence. But that changed in Game 3 in front of a loud sellout Rogers Centre crowd

"We need to score," Toronto manager John Gibbons said before the game. "That's kind of who we are."

And that's exactly what they did, with Tulowitzki, Donaldson and Goins combining for

The 11 runs set a Toronto franchise record for most runs scored in a post-season game at home.

It also marked the third time in Jays' playoff history that the team has scored 10 or more runs. The three homers matched a franchise single-game playoff

Apart from the Royals rally,



The lone Canadians on Toronto's roster are Russell Martin and Dalton Pompey.

Martin declined to answer questions about the election Sunday, while the 22-year-old Pompey acknowledged he's never voted. He's only been eligible once before, for the May 2011 election.

Pompey said some of his 33,000 Twitter followers had asked him to urge others to vote

"I'm definitely going to tweet it out and raise aware ness," he said. THE CANADIAN PRESS



Ryan Goins got redemption after Game 2's costly fielding misplay by getting the Jays' offence going with a two-run single in the second inning before adding a solo home run in the fifth Monday night. CHARLIE RIEDEL/THE ASSOCIATED PRESS

**ALCS Game 3** 



the lone sour note was Tulowitzki's ejection after taking the field in the eighth, seemingly for chirping home plate umpire John Hirschbeck. The Jays shortstop, who had to be held back by bench coach DeMarlo Hale, had just struck out for the second time and wasn't happy about it. Neither was the crowd.

After giving up a run to Kansas City in the first inning, Toronto sent eight men to the plate in the second and nine in the third to build a 9-2 lead. Goins, who had driven in two earlier runs, made it an even 10 with a

while Marcus Stroman battled for 6-1/3. LEFT: CHARLIE RIEDEL, RIGHT: MATT SLOCUM/THE ASSOCIATED PRESS Birthday boy Jose Bautista, who turned 35, made it 11-4 with an RBI single in the eighth. The Royals added two runs on three hits and a sacrifice fly in the ninth off Liam Hendriks, forcing Gibbons to bring in closer Roberto Osuna.

Kendrys Morales then hit a two-run homer to make it in-

For Goins, it was an evening of redemption after a fielding blunder that opened the door to the Royals winning rally in Game 2 Saturday. He did damage with the bat and showed off his silky fielding skills.

For Tulowitzki, who is still feeling the effects of a late-season shoulder injury, it was a second straight successful outing at the plate after a playoff slump.

For Cueto, it was simply a night to forget. He was pulled after giving up four runs in the

The rout was on after Josh Donaldson's two-run shot, capping off a six-run second inning that ended with the Jays up 9-2.

CHRIS YOUNG/THE CANADIAN PRESS

third when he failed to get out the five hitters he faced. He retired just six of the 17 batters

Cueto gave up eight runs on six hits with four walks, one hit batsman and two strikeouts in two innings. He

threw 69 pitches, of which only 39 were strikes. In go-

became the first pitcher in postseason history to allow at least eight earned runs and 11 baserunners in two or fewer innings pitched, according to ESPN

ing down in flames, Cueto set a

Royals record for runs allowed

in a post-season game. And he

Marcus Stroman pitched 6 1/3 innings in a bend-butdon't-break performance, giving up four runs on 11 hits with one walk and one strikeout.

Aaron Sanchez, Mark Lowe, Hendriks and Osuna pitched the rest of the way. THE CANADIAN PRESS

Have you ever tried to catch a butterfly as it's floating around in the air?

They Jays chased the Royals' Johnny Cueto after two innings

Russell Martin, who says he wishes he could put a camera on his mask so viewers could see the movement he sees when catching Tuesday's starter, knuckleballer R.A. Dickey.



**22** Tuesday, October 20, 2015 metr#sports

# McDavid already turns heads

### **Edmonton's** top pick serves notice with breakout game

On Thursday, with his famous son still awaiting a breakout performance, Brian McDavid was ushered to an Edmonton Oilers backdrop and encircled by a rush of microphones. He was asked to describe the sensation of being inside a media scrum: "Uh, uncomfortable."

"No, it's fine," McDavid quickly followed. "He's a professional. I've learned from

Connor McDavid is still only 18 years old, but he already has spent a lifetime in front of cameras and microphones amidst intense public interest.

His father held court with reporters near the end of his son's first full week in the NHL - an unnervingly unremarkable week. But by the end of the weekend, the spotlight had returned to the ice and to a sense of hope in Edmonton.

"Oilers fans want to believe, so badly, that this is the guy,' retired Oilers defenceman Jason Strudwick said Monday. "That this is the guy who is truly going to lead them out of the darkness."

McDavid had his first breakout game Saturday, with two goals and an assist in a win over

the Calgary Flames. The Oilers had lost all five games against their provincial rival last season and were outscored 21-8. With Mc-David's help, they won 5-2.

On Sunday, he collected an assist in a 2-1 overtime win against Vancouver.

McDavid has five points in his first six NHL games, tied for the third-most among rookie skaters. That puts him on pace for 68 points this season which is behind the rookie pace set by other so-called generational talents such as Wayne Gretzky (137), Sidney Crosby (102) and Mario Lemieux (100), but safely ahead of what the

Oilers projected in public.

Before the season, Edmonton general manager Peter Chiarelli suggested he would be happy with 20 goals and 40 points.

"The change in him, in those five games, is like night and day," said Strudwick, host of a daily two-hour local affairs program on City, in Edmonton.

"He's taking the bull by the horns and he's going and cre-ating and being Oilers fans want to aggressive. And that this is the guy. it's so much fun to watch.'

One of the best demon-

strations of his skill was not recorded in the game summary. Early in the third period against Calgary, McDavid poked the puck away from a backtracking Flames defenceman, drove in toward the slot and pulled the puck back and away from a second defenceman. If not for Jonas Hiller's sprawling paddle save, McDavid might have landed the highlight of the week.

Strudwick, an Edmonton native, spent the final three



Connor McDavid celebrates his first career NHL goal last Tuesday in Dallas.

RONALD MARTINEZ/GETTY IMAGES

seasons of his NHL career with the Oilers as they probed new depths in the standings. He said the fact the team already has a trio of recent first overall draft picks on the roster - Taylor Hall (2010), Ryan Nugent-Hopkins (2011) and Nail

Yakupov (2012) - will make a difference.

"I think Connor is much more insulated here now than a Taylor Hall was, or a Nugent-Hopkins was," Strudwick said. "And I think that will help his development."

"He's going to be a great player for a long time," Canucks forward Alex Burrows told The Vancouver Sun. "He'll probably grow another inch and add 20 pounds. He'll be something to see." TORSTAR NEWS SERVICE

### Leafs hope centre ready to come back

With 11 goals in their last three games, the Toronto Maple Leafs can't complain about their offence.

The goaltending is going to have to be stronger — Jonathan Bernier was 37th in the league with a .900 save percentage through the weekend, and James Reimer was 41st at .890 - but the heavy forechecking game the Leafs are learning to play and the defencemen's penchant to pinch more than they used to is at least creating offensive opportunities.

"We've had a lot of good chances, I like they way we've been playing," said winger James van Riemsdyk, who has two goals in five games. "There are some things we can improve on but we're putting our best foot forward. The work we've been doing has been showing in that regard."

If there's an issue, it is the health of centre Tyler Bozak,



#### We're a better team if Bozak is in the lineup.

**Toronto Maple Leafs** coach Mike Babcock



Tyler Bozak GETTY IMAGES FILE

out with what the Leafs are describing as a lower body injury. Mike Babcock expected Bozak to play Saturday against Pittsburgh, but he didn't. Nor did he

practise Monday. Babcock is hopeful Bozak will play Wednesday against Buffalo.

"We're a better team if Bozak is in the lineup," the coach said.

With Bozak out, Nazem Kadri has moved in between van Riemsdyk and Leo

"Naz has played better," Babcock said. "I thought he played real well at the end of the exhibition season. I thought he played his best game (against Pittsburgh on Saturday). Played a lot head-to-head against (Evgeni) Malkin and was good defensively. That's a positive

Babcock believes that forechecking, getting the puck and keeping it in the offensive zone will ultimately help the goaltending.

"All the guys have bought into it," van Riemsdyk said. "We're trying to play a good team game." TORSTAR NEWS SERVICE

believe, so badly,

Jason Strudwick

#### INTERNATIONAL WOMEN'S SOCCER

#### **Buchanan shortlisted** for 2015 Ballon D'Or, FIFA women's player of year

Canadian coach John Herdman has long said teenage defender Kadeisha Buchanan had star quality.

On Monday, he was proved right again as the . 19-year-old from Brampton, Ont., was one of 10 shortlisted for the 2015 Ballon D'Or, which honours the women's player of the year.

Herdman, meanwhile, is shortlisted for women's world coach of the year for the second time in his career. He was also nominated in 2012, when he finished sixth in voting. Contenders for the FIFA men's playing and coaching awards will be announced Tuesday.

Buchanan, who plays collegiate soccer at West Virginia, turned heads at the Women's World Cup on home soil this summer when she won the Hyundai Young Player Award and was the lone Canadian on the tournament all-star squad.

Still a teenager, Buchanan already has 40 caps. Tough, physical and fast, she is the anchor in the Canadian defence.

In being shortlisted for the world award, Buchanan follows in the footsteps of



Kadeisha Buchanan won the FIFA Young Player Award at last summer's Women's World Cup.

Canadian captain Christine Sinclair, long the face of Canadian women's soccer.

Herdman drew that parallel back in May 2014 after Buchanan starred in a 1-1 tie with the U.S.

"I'm not frightened to say it, she's the Sinclair of defenders. She's that good," Herdman said.

"We'll find some areas to keep working on, but she's got the chance to be the best in the world at her position. That's the reality." The United States, which

won the World Cup in July, is the best represented country on the shortlist with three players: Hope Solo, Megan Rapinoe and Carli Lloyd. The other candidates are Germany's Celia Sasic and Nadine Angerer, who won the award in 2013; France's Amandine Henry and Eugenie Le Sommer; Japan's Aya Miyama; and Switzerland's Ramona Bachmann.

Brazil's Marta, who won the award every year from 2006 to 2010 and was the runner-up last year, did not make the 2015 shortlist.

Buchanan is a longshot with Lloyd a favourite after her performance at the World Cup where she won the Golden Ball as player of the tournament, the Silver Boot as second-top scorer and was honoured for best goal of the

TORSTAR NEWS SERVICE

#### **RECIPE Italian Roommate Pasta**



## Ceri Marsh & Laura Keogh For Metro Canada

This dinner is as much vegetables as it is pasta yet it's still pure comfort in a bowl. **Serves 4.** 

#### Readvin

Prep time: 20 minutes

#### Ingredients

- •1 Tbsp of olive oil
- •1 medium onion, diced
- 2 cloves of garlic, minced
- •1 cup bacon, chopped into 1-inch to 2-inch pieces
- 500 grams of whole wheat fusili
  4 medium zucchini, julienned
- 4 meaium zuc3 eggs
- •1 cup Parmesan, grated
- Pepper to taste

#### Directions

**1.** In a large pan, warm up your olive oil over medium heat and add onions, garlic and

bacon. Allow bacon to crisp up, about 5 to 7 minutes.

- **2.** Put a big pot of salted water on to boil for the pasta.
- 3. Chop zucchini into matchsticks and add to the bacon mixture. Give it all a good stir so that the zucchini gets well coated. Allow it to cook down for at least 15 minutes, stirring occasionally. Some of the zucchini will start to disintegrate and that's what you're after.
- **4.** Cook your pasta according to the package instructions. Drain it well and throw the cooked noodles into the vegetables and give it all a good stir.
- **5.** In a small bowl, whisk up the eggs and stir in the grated Parmesan. Pour the cheesy eggs into your noodles and mix well. Cook over medium heat until the sauce just sets. The whole thing will go from wet to gooey in just a few minutes.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

#### CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

#### ACROSS

- 1. WWII fliers 4. Mountain bottoms 9. Earthenware pot 13. Calder Cup sports org. 14. Reach that destination on horseback: 2 wds. 15. Canadian actress Ms. Mitchell 16. Egyptian \_ (Cat breed) 17. Mystery writer Ms. Ćhristie 18. Chocolate or Pound 19. Slowly-but-
- 21. Sandwich roll 23. Mr. Hershiser 24. Ms. Brockovich 26. Category

surely

- 27. Infliction 29. Bestseller, often 31. Thud
- 33. Prefix to 'culture'
  34. \_/\_ radio
- 38. Loverboy's "Working for the \_"
  40. Coat: French
- 42. Unaltered
- 43. Music's Tori 45. Cars of Italy
- 46. Dobie Gray hit:
- "\_'\_' Crowd" 48. Much: 2 wds.
- 49. Analyze 52. Rip
- 54. Cosy retreat 57. Actress Sissy
- 59. Crafts people 61. Ms. Kotb of NBC
- 62. Values 64. Ms. Leoni 65. Wing-shaped 66. Do charades:
- 67. Boo-boo do 68. Klingon in the 'Star Trek' universe 69. Mythological blood 70. Lefts oppos-

### ites [abbr.]

2 wds.

Capricorn Dec. 22 - Jan. 20
You may find it difficult to get along with certain people. Make the effort because there could be financial repercussions if they feel you are be-

1. Sylvester Stal-

2. Not \_ \_ out

3 Title of American

composer John Caca-

vas' music piece fea-

tured in the Canadian

wildlife TV vignettes

Hinterland Who's

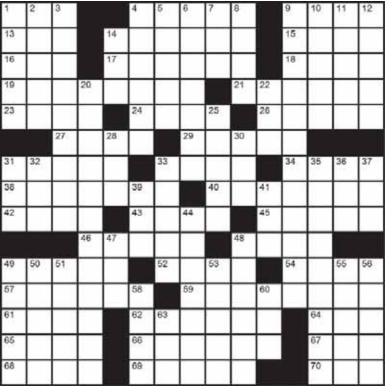
lone role

of place

Control your temper, no matter how much others provoke you. Keep your cool by reminding yourself what could be at stake in the long-term — your professional status.

ing unfriendly for no good reason.

Pisces Feb. 20 - March 20
Anyone who takes you on today is likely to regret it. Cosmic activity in your opposite sign of Virgo makes you hugely combative, so much so that you may actually go looking for trouble. Try not to alienate people.



Who: 2 wds.
4. England... Iconic bell/clock in the Elizabeth Tower in London: 2 wds.
5. Irish tune: "Robin \_\_"
6. Literary locale 7. Shakespearean suffix

8. Saturate
9. The scientists at
#48-Down jointly won
"for the discovery of
neutrino \_\_ which
shows that neutrinos have mass"
10. \_\_ Apso (Dog
from Tibet)
11. 'Great' waters

12. Australian attraction, \_ Rock 14. Mr. Liotta 20. Layering piece for Fall fashion: 2 wds. 25. Standards 28. Pres. Eisenhower 30. Through 31. Shirley's portrayer on "Laverne & Shirley" ...her initials-sharers 32. French actress Ms. Seydoux of the upcoming 007 flick 33. Acknowledge 35. Carnivore 36. Business excess 37. 12th Greek letters 39. Scottish refusal 41 Dallas Cow bovs ora. 44. When astronauts aren't in space, they are where?: 2 wds. 47. Donkey's partial laugh 48. 2015 Nobel Prize in Physics winners: B. McDonald (Canada) and Takaaki Kajita (Japan) 49. "Poppycock!" 50. Speedskater, \_ Anton Ohno 51. "M\*A\*S\*H" role 53. \_-Detoo (George Lucas character) 55. Hagar the Horrible's dog 56. Ivan and Nicholas 58. "The Bridge on the \_" (1957) River 60 'Violin' suffix 63. Job [abbr.]

#### **\* IT'S ALL IN THE STARS** by Sally Brompton

Aries March 21 - April 20 In one area of your life at least your efforts are about to pay off. However, your health could suffer if you overdo it physically. You need to get the balance between work and play just right. Make that your aim today.

Taurus April 21 - May 21
You may be tempted to force
through changes you know others
don't want but think of the resentment that could create. You may
have a remarkable will to win, but
you don't have to win every time.

If you find yourself in a situation that makes you feel uncomfortable then get up and leave. Don't worry that it might be interpreted as being rude.

Cancer June 22 - July 23
Pay no attention to rumours today. If certain people want to spread gossip that's up to them but it won't do you any good, so keep your distance and make sure you deal only in facts.

**Q Leo** July 24 - Aug. 23 You could clash with someone who does not share your principles — or maybe has no principles at all. Just remember there are many out there who share your beliefs.

Yurgo Aug. 24 - Sept. 23
You cannot keep up your present frantic pace for much longer, and if common sense doesn't tell you then what happens over the next few days will hammer home the point, maybe painfully. Slow down and calm down.

Libra Sept. 24 - Oct. 23
Don't get emotional about something that needs to be dealt with on a purely mental level. If you allow your feelings to get the better of you then you will only confuse yourself.

Scorpio Oct. 24 - Nov. 22
Try not to take yourself too seriously, especially if certain people flatter you. Most likely they are after something and hope that by saying the right things you will give it to them. But you're not that gullible, are you?

₹ Sagittarius Nov. 23 - Dec. 21
There are a lot of challenges coming your way but you will come through unscathed. Even the most testing trial can be turned into a triumph if you show the right attitude.

#### **CONCEPTIS SUDOKU by Dave Green**

Every row, column and box contains 1-9

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### YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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